

## I Dragonfly A Memoir Of Recovery And Flight

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I, Dragonfly: A Memoir of Recovery and Flight - Kindle edition by Baldwin, Kerrie, Olwyn, Gwyneth. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading I, Dragonfly: A Memoir of Recovery and Flight.

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I, Dragonfly chronicles the physical and psychological transformations of her recovery, including the panic of witnessing her body expand to unfamiliar proportions and the contention with exhaustion and pain in her limbs that last much longer than she anticipated, as well as the delight of responding to overwhelming hunger and the release of cultural fallacies around weight and health. As Kerrie learns to surrender to the recovery process, she cultivates the authentic self that had been ...

*I, Dragonfly: A Memoir of Recovery and Flight*: Baldwin ...

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*I, Dragonfly: A Memoir of Recovery and Flight* by Kerrie ...

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I, Dragonfly is a memoir in which Kerrie Baldwin recounts her determined yet difficult journey to health after a decade-long illness with an eating disorder. This inspirational story is captivating and readable, written with simple language and powerful analogies, capable of transporting the reader to the center of Kerrie's thoughts and feelings without ever dipping its toes into sentimentality.

BOOK REVIEW: *I, Dragonfly* - Independent Book Review

Although the work feels like a memoir, it reads like a novel with the author's spare, unrelenting narrative a perfect accompaniment to the time, place, and underlying familial issues. If you like this book, then you might also like Shark Man, a novel for the middle grades, which picks up where the author left off in Dragonfly taking the ...

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In her memoir about her recovery from anorexia, Kerrie Baldwin doesn't whitewash anything. She deftly uses language to let the reader accompany her through her various stages of recovery, from her confident, euphoric beginnings to her prolonged suffering with edema, and doubt that she can push through to the end, followed by her renewed determination.

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I, Dragonfly is a memoir in which Kerrie Baldwin recounts her determined yet difficult journey to health after a decade-long illness with an eating disorder. This inspirational story is captivating and readable, written with

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I, Dragonfly: A Memoir of Recovery and Flight, which includes a foreword by Gwyneth Olwyn, will release in e-book and paperback editions through international online retailers Amazon, Barnes & Noble, iBooks, Kobo, and others on March 13, 2018.

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File Type PDF I Dragonfly A Memoir Of Recovery And Flight I Dragonfly A Memoir Of This groundbreaking memoir unveils the light and shadows of anorexia recovery—from what it requires to what it can ultimately deliver. At thirty-three years old, Kerrie was managing a freelance career, her three young children, and a closeted battle with Page 4/27

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*Recovery Experiences - The Eating Disorder Institute*

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